TIBETAN ASTROLOGY

How our mental balance is affected by astrological influences

Presented by
Martial Chételat

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Dedication

To Lama Lobsang Darjy born in Sheep Fire year (1967)

- Master astrologer and monk
- With a background in the Nyingma, Kagyudpa and Gelugpa traditions of Tibetan Buddhism
- For many years, he was resident at Rajha monastery in Amdo
- He completed Buddhist studies including Buddhist philosophy, tantra and Kalachakra tantra
- Died in the Metal Tiger year (the 27 september 2011)
Summary

★ A brief introduction to Tibetan Astrology
★ How does Tibetan Astrology work?
★ Elemental Astrology
★ How to analyse daily harmonious degrees with a Almanach
★ Chart of the 47 annual obstacles
★ Conclusion
A brief introduction to Tibetan Astrology

★ Tibetan astrology is one of the five Minor subjects of Tibetan culture.

★ Astrology is the key to all doors of knowledge.

★ Tibetan Medicine is the study of five internal elements, and Tibetan Astrology is the study of the influence of the five external elements.
What are the uses of Tibetan Astrology?

★ Tibetan Astrology is a sacred art of divination, it can explains present and future obstacles

★ It can predict periods of harmony and disharmony
Astrologie can help to resolve doubts, when making decisions for important moments in life

★ Birth
   ★ Health
   ★ Prosperity
   ★ Family
   ★ Education, career
   ★ Unfavorable periods
   ★ Predict lifespan

★ Marriage
   ★ Based on affinity
   ★ Avoid hindrance

★ Ill-Health
   ★ Incurable illness
   ★ Caused by past karma or evil spirits
   ★ Determine the Prayers and ritual

★ Annual Obstacles
   ★ Indicate financial, health or work problem
Astrologie can help to resolve doubts, when making decisions for important moments in life

★ Death
★ Auspicious day for the disposal of the body
★ Special ritual to prevents any misfortunes
★ Color of cloth
★ How to dispose of the body,
   ★ Fire, cremation
   ★ Earth burial
   ★ Water in water
   ★ Metal to interred
   ★ Wood given to vultures

★ Divination
★ Mo « dice »
★ Mala « rosary »
★ Melong « Mirror Divination »
★ Doughball Divination « reincarnation »
★ Bootstrap Divination « nomadic style »
★ Butter Lamp
★ Seven wonderful pulse
★ Divination of urine
★ And so on…
Astrology can help give better results for many different activities

★ Gives better results for the practice of:

★ Tibetan Medicine
  ★ Operation
  ★ Pulse reading
  ★ Urinalysis
  ★ Moxibustion
  ★ Collect plant

★ Spiritual practices
  ★ Purification
  ★ Removing obstacles
  ★ Fire Puja

★ Agriculture

★ Business

★ And so on..
Minor Astrology for special activities or events

★ Guide for greater harmony in daily activities
  ★ Hair cutting
  ★ Starting a Construction Project
  ★ Moving House
  ★ Wedding Ceremonys
  ★ Travelling
  ★ Raising Prayer Flags
  ★ Beginning Important Projects
  ★ Medical Treatment
  ★ Divination and astrology
How does Tibetan Astrology work?

★ Tibetan Astrology is the unification of the essence of the three forms of astrology

Elemental Astrology *(Chinese Astrology)*

Kalacakra Astrology *(Indian Astrology)*

Astrology of Arising Vowels *(Ancient Indian Astrology)*
1. **Elemental Astrology** *(Chinese Astrology and Tibetan Culture)*

- 5 elements
- 12 animals
- 8 Parkhas or trigrams
- 9 Mewas
- The 5 life forces
- The planets and constellations
- The 12 interdependent links
2. Kalacakra Astrology (Indian Astrology)

- Movements of the planets
- The 12 signs of the zodiac or « khyim »
- The 12 astrological houses
- The 27 houses of the moon or « Gyoukar »
- The 7 planets in order of strength: Saturn (the weakest), Mars, Mercury, Jupiter, Venus, the Moon and the Sun
- Lunar knots: Rahu et Ketu are the strongest of all
3. Astrology of Arising Vowels (ancient Indian astrology)

- Is actually a secret Tantric practice from the Sarodhya Tantra
- It is the only Bramanic Tantra which appears in *Tengyur* tibetain
- This is a very effective system for predicting the future
- This system has many similarities with the Occidental and Indian systems
Origins of Elemental Astrology

✧ Tibetan origins
  ✧ Belief in God, spirits and natural forces
  ✧ The nameless religion
  ✧ Tibetan Chamenism
  ✧ The Bön religion (*Sherab Miwoche*)

✧ Chinese origins
  ✧ Elemental astrology system « Djoungtsi - rGya rTsis » or « Nagtsi - rGya Nag » meaning « black expanse »
The 5 Elements and their energy

- All physical phenomena are formed by the five energies
- They are of a very subtle nature
- When the 5 elements are in harmony, we enjoy good health and gain happiness

Fire (Me): burning
Earth (Sa): solidifying
Metal (Icag): cutting
Wood (shing): mobilising
Water (Chu): wetting
These elements have 4 types of relationship

- The mother-son cycle, this is either the best relationship or is neutral

Mother ➔

Mother ➔ Fire ➔ Door ➔ Triangle ➔ Child ➔
These elements have 4 types of relationship

- **Enemy-friend cycle**, the relationship is either very bad, or very good.
Relationships between the 12 animal signs

- Relationships between animals can be favourable or unfavorable

*Rang kek : (xx)*

Identical signs, the sign is then its own obstacle or enemy
Relationships between the 12 animal signs

Ne dra: (x) neighbouring signs, their relationship is called «disease and enemy»
Relationships between the 12 animal signs

Tchédrel : (xo)
sign in 3rd position, the relation is called « dispersion »
Relationships between the 12 animal signs

Shyishé : (xx) sign in 4th position, the relationship is called « enemy leading to illness»
Relationships between the 12 animal signs

Nga thün : (ooo)
sign in 5th position, the relationship is called « three in harmony »
Relationships between the 12 animal signs

Drouk dre : (o)
sign in 6th position, the relationship is called « fruit of the sixth »
Dün zour : (xxx)
sign in 7th position, the relation is called « the angle of the seventh », the worst of relations.
The eight Parkhas or Trigrams

- Symbolise the increasing and decreasing cycle
- They govern all our internal and external rhythms from the moment we are born
- *P’o* represents male energy and it is symbolized by a continuous line (–)
- *Mo* is female energy and is symbolized by two discontinuous lines (- -)
- Making a combination of three lines we obtain the 8 Parkhas or Trigrams
The eight Parkhas give us information on the favourable and unfavourable directions.
The 9 MEWAS

- The 9 Méwas represent the tibetan numerological system
- The vertical, diagonal or horizontal total is always 15
- The magical square gives us information about karmic relations of our past and future lives
The 5 life forces

- This theory comes from antique Tibetan shamanism
- Each year is influenced by these five energetic forces
- This principle plays a very key role in establishing charts
The 5 life forces are:

- **Sok** the life essence which resides in the heart, it is our « Vitality »
- **Lü energy** determines our good or bad « Physical Health »
- **Wang Thang** or « Power » influences our wealth, our possessions, helps realise our goals, our charisma
- **Loungta is linked to « Luck »** to reputation, to our capacity to keep bad circumstances away
- **La is linked to our mental and emotional stability,** our « Protective Energy »
Life forces translated into Sridpa-Ho symbolic language

Head = Vitality or Sok ➔
Red = Fire

Clothes = Wangthang ➔
Blue = Water

River = Body or Lu ➔
River = Water

Belt = Luck aspect or Loungeta - Blue = Water
The 8 Planets (gZa)

- In DJOUNGTSI astrology there are 8 planets (gZa):
  - The Sun (Nyi ma) ➔ red disc ➔ Fire
  - The Moon (Dawa) ➔ white half circle ➔ Water
  - Mars (Migmar) ➔ red and white eye ➔ Fire
  - Mercury (Lhakpa) ➔ blue hand ➔ Water
  - Jupiter (Phurbu) ➔ dagger ➔ Wood
  - Venus (Pasang) ➔ arrow edge ➔ Metal
  - Saturn (Penpa) ➔ yellow bundle ➔ Earth
  - Rahu or moon node (Dachen) ➔ blue bird head ➔ all elements

- These planets are linked to the 5 elements and to the 12 animals as to the Parkhas

- We use the element associated to each planet, and not the movements of the planets
The 28 Constellations

The 28 Constellations (*rgyu-shar nyer-bryad*) are the result of the meeting of the daily planet and of *gyoukar* or the house where the moon stays.

The system counts 27 houses or *Gyoukar*

- It measures 13°20’ on the ecliptic, which represents the moon’s average daily step.
- However, one of these houses counts two constellations, which constitutes a system of 28 constellations and 27 *gyoukar* or sectors.

- *Each gyoukar* influences life on earth through the energetical melting of the moon and the planets she meets.

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Purvaphalguni
*(gre)* Zosma

Citra
*(nag pa)* Spica
The 12 sectors of decline and expansion

✿ This system comes from the theory of the 12 interdependant links

✿ It is a unique feature and belief of Buddhism that the seeds of good and bad actions can be destroyed.

✿ It informs us about our vitality, our power, wealth, our health and our capacity to catch good opportunities

✿ The 12 sectors are: Conception, Embryo, Fœtus, Birth, Ablation, To dress, Activity, Expansion, Decline, Illness, Corpse
How to analyse daily harmonious degrees with a « Lo-tho » Almanach

★ Consulting Principal keys below :

★ The 10 Element Conbinations (Byung-Phrod)

★ The 3 Excellent combinations : Earth-Earth, Water-Water, Earth-Water
★ The 3 Good combinations : Fire-Fire, Air-Air, Fire-Air
★ The 3 unfavorable : Earth-Air, Water-Air, Earth-Fire
★ The Worst Combination : Fire-Water

★ Major Combinations
★ unfavourable days, Naga Day, black month, full moon, etc

★ Particular Combinations
★ day of nectar, combination of death or that burns, demons’ day, king of demons, etc

★ Favorable days and constellations for the person

★ Cycle of the twelve symbolic animals
★ each one is favorable or unfavorable for certain types of activities
For instance for the 21st of the 9th 2013 for a Metal-Dog

★ Primary Key : = OO

★ Element Combinations : = OOO

★ Major Combinations : = OOO
  ★ Tulwa: bring progress and wealth

★ Particular Combinations : = OX
  ★ No particular combinations

★ Favorable days and constellations for the person : = OX
  ★ Neutral conjunction

★ Cycle of the twelve symbolic animals = O
  ★ Day of the Mouse is favorable for astrology, trading.
  Not favorable for travelling, banishing negativity
Other aspects to analyse for greater precision

★ Secondary keys : = O

★ Mewa (in relationship to the Mewa of birth) = X
  ★ 8 White and 3 White (Birth Mewa), this relation is bad

★ Constellation (for certain action) = O
  ★ 25 Khrum sMad or Pegas: Farming, making water channels, planting trees, washing hair, preparing alcohol, and wrathful activities.

★ Day of the week: = OO
  ★ Day of birth Sunday, auspicious day

★ Element of the day (in relationship to one’s element of birth) = XX
  ★ Fire (21.9.2013) and Metal (1970) = bad relation

★ Lunar date : = OOO
  ★ Auspicious
Chart of the 47 annual obstacles

★ Using the instruction of a spiritual Treasure (terma) “DJU TSI MEN NGA DA WE EU SER”

★ From the great Nyingmapa master “LOCHEN DHARMASHRI”,

★ Comparing our year of birth to the current year we obtain the rocks of 47 annual obstacles
Chart of the 47 annual obstacles
Six Root Rocks that can’t be modified
Six Root Rocks that can’t be modified compared to the current year

<table>
<thead>
<tr>
<th></th>
<th>Homme - 1953</th>
<th>Dragon - Eau 2012</th>
<th>LDG MEN  Boeuf - Eau</th>
<th>PARIKHAS  Chien Khen - Terre</th>
<th>MEWAS 2 - Noir</th>
<th>DARGOUP</th>
<th>TEMPS  Cheval - Bois</th>
<th>KA IBAR  Astronomique</th>
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<td>SOK  &quot;Vitaire&quot;</td>
<td>Feu</td>
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<td>9 DOUR DOUR  Colonisation</td>
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<td>LÜ  &quot;Corps&quot;</td>
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<td>Eau</td>
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<td>6 Bois</td>
<td>12 DOUR DOUR  Colonisation</td>
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<td>WHANGTHANG  &quot;Pouvoir&quot;</td>
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<td>Eau</td>
<td>Feu</td>
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![Image of a table with symbols and text](image-url)
Six Root Rocks that can’t be modified compared to the LOG MEN year

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Six Root Rocks that can’t be modified compared to the Parkhas or Trigrams
Six Root Rocks that can’t be modified compared to the Mewas
Six Root Rocks that can’t be modified compared to the DRARGOUP
Six Root Rocks that can’t be modified compared to the time when we do the chart

<table>
<thead>
<tr>
<th>Homme - 1953</th>
<th>SOK &quot;Valeur&quot;</th>
<th>LÙ &quot;Corps&quot;</th>
<th>WHANGTHANG &quot;Pouvoir&quot;</th>
<th>LOUNGTA &quot;Chance&quot;</th>
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*Calculer le biter*
KA MAR is the result of all the aspects
The 7 obstacles

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<th>TZOUSIB 7 Obstacles</th>
<th>DOUM Obstacles de soi-même</th>
<th>MEKEK SHII Obstacles MEXAS</th>
<th>DOURRAK Oeil du sépulcre</th>
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neighbouring ➔
### Self obstacles

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<th>DOURMIK Oeil du sépulcre</th>
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Sri Ngen ➔
Mewas obstacles

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<th>ME KEK SHI 4 Obstacles</th>
<th>MEWAS</th>
<th>DOURMIK</th>
<th>Oeil du sépulcre</th>
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Sang kek ➤
Antidotes

✧ General

✧ Rituals and Spiritual Practices
✧ Mantras
✧ Food gifts, for handicapped people, protecting nature, and so on…
✧ Through action:
  ✧ Working with handicapped people
  ✧ Cleaning rivers or forests

✧ Specific

✧ Amulets for health, wealth, luck, love, wisdom, etc
✧ Mandalas
✧ Mantras
✧ Head orientation in bed (vitality)
✧ Flower offerings to ancestors
✧ Hanging « prayer flags »
✧ And so on…
Conclusion

- Mental balance is affected by astrological influences such as:
  - Annual obstacles such as Log Men, Dun-Zur, Goumik, Dourmik, etc
  - Desharmony of the 5 life forces
  - Planetary periods (DASA)
  - Balance of the 5 life forces in a couple
  - Balance birth chart
  - Daily unbalanced aspects
Hence, the body which is
An aggregate of the elements
Is influenced by ailments, unexpected
Obstacles and other hindrances,
Which are all produced and fabricated
by one’s coarse conceptuality.
And by the functions of the five elements,
One goes through the entire experience
Of happiness and sorrow.
Therefore, this astrology is precious
as it eradicates those influences
BOOKS

Tibetan Elemental Divination Paintings: Illuminated Manuscript from the White Beryl of Sangs-rgyas rGya-mtsho with the Moonbeams treatise of Lo-chen Dharmasri, Traduction de Gyrurme Dorje, Published by John Eskenazi in association with Sam Fogg.

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Kalacakra and the Tibetan Calendar by Edwart Henning Ed. The American Institute of Buddhist Studies at Columbia University’s Center for Buddhist Studies